



1. TRUST THAT YOU KNOW THE ANSWER

If you are unsure about a decision you have to make and it's been on your mind a lot, tune in and pay attention to how each of the options FEELS.

If on the surface something looks great, but doesn't FEEL right, you are being guided by fears.

If something FEELS so right, but other factors are making you question this decision, you are most likely guided by your soul and your intuition.

The important thing to remember is that deep within you DO already KNOW the answer and finding out what it is has to do with TRUSTING yourself first and foremost.



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