



36. TAKE A STEP BACK

Right now is a great time to take a step back and re-evaluate the situation.

Give yourself some space to not rush into any conclusions or let your anxiety dictate your future actions.

If possible, take time to meditate on anything that has been weighing heavily on your mind.

This situation (or person) may have an important lesson for you.

Also, pay attention to any intuitive feelings and nudges from the Universe you get.

Maybe you simply need to take time to rest before proceeding,

Or maybe this is not the right path for you.

Deep inside you do KNOW what is right for YOU.

Please don't ignore those feelings, and don't let anyone pressure you into acting when you are unsure about what to do.



[Ask Your Soul Message Cards \(Small Version\)](#)

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