



42. KEEP LEARNING

Learning is an integral part of our lives and it never truly stops.

There is a saying by Aristotle (although the original source cannot be verified),

"The more you know, the more you realize you don't know," and it is through this paradox that our knowledge continuously expands. Whenever you encounter information that challenges your old views, try to see it as a great opportunity to expand your understanding (even if it feels a bit uncomfortable) and to become wiser and more accepting. This message is also a reminder that even if you already have a rich life experience, please never stop being curious and exploring the world from a place of joy in your heart and an open mind! There is so much more for you to learn and experience on this fascinating 3D plane!



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