



## 41. HEAL YOUR RELATIONSHIPS

We are all interconnected and there will always be someone in your life with whom you will share a special connection.

Relationships are a deeply important experience for the Soul, and there is no way around that.

Now is the time to focus on healing your interpersonal relationships, and the best way to do so is approaching them with an open heart and mind regardless of how long you have known this person or people.

If you find yourself facing challenges in your relationship(s), ask yourself these two questions:

1. What has this relationship taught me so far from a spiritual growth perspective?
- and 2. HOW can I let go of my personal expectations of what this relationship “should” look like and focus instead on being the channel for LOVE and GRACE throughout my communication with this person/people?



[Ask Your Soul Message Cards \(Small Version\)](#)

[Ask Your Soul Message Cards \(Large Version\)](#)

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