



27. EXPRESS GRATITUDE

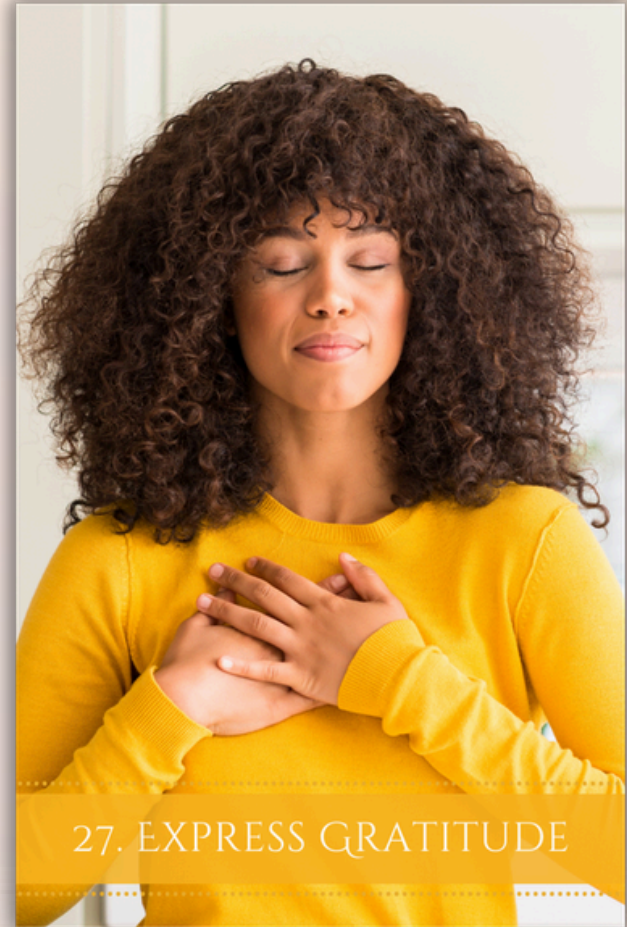
The energy of GRATITUDE is very similar to that of LOVE.

People tend to underestimate the power of gratitude and how much it affects our relationships and our whole reality in numerous positive ways!

When you take the time to feel grateful and be appreciative of something nice that came your way, no matter how seemingly minuscule it is, you are inviting into your life more of that which you are grateful for.

Your soul is encouraging you to take a moment to reflect on these questions:

- ~ Whom could you express your gratitude to right now?
- ~ What is there to be appreciative about in your life?
- ~ What do you appreciate about yourself right now?



[Ask Your Soul Message Cards \(Small Version\)](#)

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