



### **38. DISCOVER YOUR INNER STRENGTH**

You are SO MUCH STRONGER  
than you sometimes feel.

Think about everything you  
have been through in your life;  
all the obstacles you have overcome;  
all the times you hadn't given up  
despite the challenges, overwhelm,  
and uncertainty you experienced.

When a new challenge arises,  
please take a moment to tune into  
your inner strength, the power within,  
and think back to a few examples  
from your past when you did an amazing job  
making the best out of a very difficult situation.

Draw your power from those experiences,  
reflect on the valuable lessons you have learned  
and may be learning as a result  
of what's happening in your life now,  
and remember that you are never doing this alone!  
Your spirit team is with you at all times,  
cheering you on, guiding, supporting  
and answering your every prayer.  
**YOU'VE GOT THIS!**



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Created with ❤️ by Olga B.

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