



### 37. DECLUTTER

Whether it's a toxic relationship or just some old stuff you no longer need in your life, consider letting it go for good. There is some stagnant energy holding you back and not allowing for new people, experiences, and even material possessions to come into your life. Usually, the more we hold on to something, the more it holds us back. So, really ask yourself if whatever it is that you haven't been able to let go is serving your highest good. If you are unsure or know for a fact that your life would be better without it, this is your sign to release it in whatever way feels right. Doing this may not be easy, but think of it as allowing for something a whole lot more awesome to finally enter your life.



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