



16. CHOOSE HONESTY

As paradoxical as it may sound, often,
being honest with YOURSELF of all people
is the hardest thing...

And yet, it is also ultimately the most
FREEING in so many ways!

Your soul wants you to take a moment
and reflect on these questions:

Have you been completely honest
with yourself lately?

Where are you not being honest
with yourself, and how does that
impact your life and the people around you?

What will have to change in your life
once you ARE completely honest with yourself?

No one is saying that this process is easy or quick...
but it is always 100% worth it in the end!



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[Ask Your Soul Message Cards \(Small Version\)](#)

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